



## **We are a proud provider agency of NY Project Hope**

NY Project Hope provides emotional support, public education, and resources to help New York residents cope with the challenges of COVID-19

Connect with a trained crisis counselor  
through our FREE helpline

**Contact Us!**

**1-888-963-3427**

**Westchester**

**Our services are always confidential, free, and  
anonymous.**

**NY Project Hope**

**Coping with COVID**



**Here to talk | Here to listen | Here to support**